5th National Sri Aurobindo Mahila Pathachakra Conference
27-29 November 2026
Venue: Sri Aurobindo Ashram – Delhi Branch

Programme Schedule

Day 1: Friday, 27 November 2026

- **2:15 PM – 2:30 PM:** Inauguration of Conference by Tara didi – Invocation and Lighting of the Lamp (*Shrine*) with Chief Guest, Sampadanand-ji
- **2:30 PM – 3:15 PM:** Reading from Savitri by Tara didi, and Welcome Address by Jayanthy di, followed by Key-Note Address by Chief Guest, Sampadananda-ji (*Meditation Hall*)
- **3:15 PM – 3:30 PM:** Preparing participants for the ashram and conference – Sulochana di, Jayanthy di (*Meditation Hall*)
- **3:45 PM – 4:45 PM:** Bonding through Games – Fakira bhaiya and Pratyasha didi (*Ashram Lawn*)
- **4:45 PM – 5:00 PM:** Tea-Break
- **5:00 PM – 5:30 PM:** Tara di's address to participants (Meditation *Hall*)
- **5:30 PM – 6:30 PM:** Ashram Visit – Trinath bhaiya
- **6:30 PM – 6:50 PM:** Refresh
- **7:00 PM – 7:30 PM:** Collective Meditation — Readings and Invocation with Tara di, Ashram Choir – Minati di (*Venue: Meditation Hall*)
- **7:30 PM – 8:00 PM:** Dinner
- **8:30 PM – 9:30 PM:** Speaker for the night; Homing session with Sulochana di (*Venue: Hall of Yoga*)
- **9:30 PM:** Rest and Refresh

Day 2: Saturday, 28 November 2026

- **6:30 AM – 7:30 AM:** Optional activities (*By choice*): Shramdaan (*Farm area*), with Ram Kishan bhaiya Nature Walk (*around ashram*) with Baren bhaiya, Morning Talk (*Hall of Yoga*)
- **7:30 AM – 8:00 AM:** Breakfast
- **8:00 AM – 8:50 AM:** Refresh
- **9:00 AM – 9:45 AM:** Reading of Savitri by Jayanthy di; Talk by Shyama di (*Hall of Yoga*)
- **9:45 AM – 10:30 AM:** Interaction with Anuradha di (*Hall of Yoga*)
- **10:30 AM – 10:45 AM:** Tea-Break (*Mirambika Dining Hall*)
- **10:50 AM – 12:30 PM:** ATB – Jayanthy di, Baren bhaiya (*Playfield/Avaahan*)
- **12:30 PM – 1:15 PM**: Lunch

- **1:15 PM – 1.30 PM**: Introduction to Activities: Sri Aurobindo's Vision, The 4 Qualities of the Mother; Mantra Ya Devi; relate the story, "It is in our Hands" (*Basketball Court, in the Playfield)*
- **1:30 PM – 4:30 PM:** Activity – *It's in Your Hands - Reflect and Act (as above)*
- **4:30 PM – 5:00 PM:** Tea-Break
- **5:15 PM – 6:15 PM:** Cultural Programme by Ashram Youths – Hira da (*Hall of Grace*)
- **6:15 PM – 6:50 PM:** Refresh
- **7:00 PM – 7:30 PM:** Collective Meditation – Readings and Invocation – Tara di, Singing by Bengal Group – Minati di (*Meditation Hall*)
- **7:30 PM – 8:00 PM:** Dinner
- **8:30 PM – 9:30 PM:** Speaker for the night: Rima di; Homing Session Sulochana di (*Hall of Yoga*)
- **9:30 PM** - Rest and Refresh

Day 3: Sunday, 29 November 2026

- **6:30 AM – 7:30 AM:** Optional activities (*By choice*): Shramdaan (*Farm area*), with Ram Kishan bhaiya, Nature Walk (*around ashram*) with Baren bhaiya, Morning Talk (*Hall of Yoga*)
- **7:30 AM – 8:00 AM:** Breakfast
- **8:00 AM – 8:50 AM:** Refresh
- **9:00 AM – 10:00 AM:** Question and Answers with Bijlani-ji (*Hall of Yoga*)
- **10:00 AM – 10:20 AM:** Tea-Break
- **10:30 AM – 12:00 PM:** Study Circle Report Presentation – Bijayinee di (*Hall of Yoga*)
- **12:00 PM – 12:30 PM:** Closure with Sulochana di; Mangalam and Concentration; Offering of Souvenirs (*Hall of Yoga*)
- 12:**30 PM**: Group Photo-shoot
- **12:40 PM**: Lunch and Subha Yatra